

CHAINRING

Newsletter of The
GVR Cycling Club
www.gvrcycling.org



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Bike Club News

Next Club Meeting

Meetings will resume in the autumn on the 2nd Wednesday of each month at 3pm. We don’t yet know which GVR Center will be assigned to us. Please put the following dates on your calendar: **Oct 9, Nov 13, and Dec 11.**

Our Club Needs You

Although we’re heading into the summer hiatus, please think about next steps for the club, and what role you might play. We’re looking for a new newsletter editor. Karen Rainford, the interim editor, would appreciate any articles you wish to send. Email: gvrcycling@gmail.com

In November we’ll hold our annual meeting and elections. Some of our current board members have reached their term limits, so getting new leaders to volunteer is more important than

ever. If there's anything you'd like to be involved with, just send an email to gvr cycling@gmail.com or call a board member. You are so welcome to participate.

Local Cycling News

Os3 Movement Upcoming ¼ Marathon and Health Fair – May 4th

Os3 Movement is sponsoring a ¼ Marathon and Health Fair on Saturday, May 4th in Nogales. This is the primary fundraising for Os3 and several hundred runners are already registered. There are a variety of opportunities to participate. There are all levels and ages of runners. If you are interested in registering, go to: [Website](#) and there are also opportunities for event sponsorship - [Website](#). Volunteers are also needed for the event itself. If you want to volunteer, send an e-mail to: Os3movement@gmail.com.

Ride of Silence Wed., May 15, 6:30 pm at Anamax Park

This year's [Ride of Silence](#) is being hosted by Sahuarita Parks and Rec. Preregister online at: SahuaritaParksandRec/org/catalog but please attend even if you don't preregister.

Time: May 15, 2024, 6:30 PM – 8:00 PM

Location: Anamax Park, 17501 S Camino De Las Quintas, Sahuarita, AZ 85629, USA

About the event

Day-of event check in begins at 6:00 PM and Ride begins at 6:30 PM

The Ride of Silence is a free ride that asks its cyclists to ride no faster than 12 mph, wear helmets, follow the rules of the road and remain silent during the ride. There are no registration fees. The ride, which is held internationally during National Bike Month, aims to raise the awareness of motorists, police and city officials that cyclists have a legal right to the public roadways. The ride is also a chance to show respect for and honor the lives of those who have been killed or injured.

For more information about the International Ride of Silence, visit: <https://rideofsilence.org/>

Celebrating our Friend and Newsletter Editor – by Joanie Rogucki

Tom Wilsted shared his passions whether it be as a skilled editor, as a cycling advocate, sharing changes in road infrastructure and separate paths, or supporting cycling programs in our communities. You will find that in Tom's obituary the family requested that we donate to: Os3 Movement in Nogales in lieu of flowers. <https://www.Os3movement.org>) The family also set up a memorial page where we can share stories and post photos of Tom. <https://memorialsources.com/memorial/thomas-wilsted> .

If you are attending the service, can you ride your bike there? Please consider riding your bicycle, giving Tom a nod by enjoying your ride whether you are attending or not. What better way to keep Tom alive. Consider sending your photo of riding to the club email address at gvr cycling@gmail.com. Tom loved the pictures we sent and shared them in the newsletter.

Today we are sharing his memorial service arrangements as well as a reminder that we continue to be diligent and stay safe on the roads. Tom was an advocate for safe biking for cyclists. His quote reminds us to be observant as we ride and yes, it is part of our club's mission.

"As a club, we are concerned that all of our members return home safely . . . Riding with care, knowing your bike's capabilities and being aware of one's surroundings are keys to arriving home safely from an enjoyable ride. Make that your goal every time you venture out".
Tom Wilsted.

Obituary for Tom Wilsted

Thomas P. Wilsted, 80, of Green Valley, AZ passed away on April 6, 2024. Tom had three great loves in his life: family, history and cycling. He is survived by his wife Mary, son Jeff, daughter-in-law Deanne, granddaughter Faith, sister Nancy and nephew Noel.

Tom was born on April 16, 1943, in Detroit, MI. He grew up in Michigan, attending Kalamazoo College, where he met his soul-mate and partner of 57 years, Mary. His love of history led him to a graduate degree from the University of Wisconsin and into his career as an archivist. He was fortunate to apply this talent of organizing and keeping history for organizations including: the Turnbull Library in Wellington, New Zealand; the National Salvation Army Archives in Manhattan; the American Heritage Center at the University of Wyoming (Associate Director); and the Thomas J. Dodd Research Center at the University of Connecticut (Director). It was in this last role that he concluded his professional career, retiring in 2008.

While maintaining the history of others was important to Tom, making his own history with his family was his greatest joy. Tom, Mary and their young son, Jeff, moved to New Zealand early in his career. He traveled all over the beautiful island nation and even decided, later in life, that he wanted his ashes scattered near Kapiti Island in NZ. While it was the work that brought him there, it was the lifelong friends he made, as well as the memories of his travels, that remained with Tom throughout the rest of his life. Similarly, whether as part of his church in Westfield NJ, Coventry CT or Green Valley AZ, Tom enjoyed both socializing and serving his community. He also loved bonding with friends and family while cheering on his UConn Husky basketball teams.

It was after retiring and moving to Green Valley that Tom re-discovered his passion for cycling and found a wonderful community that welcomed him. He would ride almost every day, no matter the weather, and could proudly claim to cycle his age in miles on every birthday up until recently. He will be remembered as someone who always gave to others selflessly and humbly... whether writing newsletters for the Posada Peddlers and GVR Cycling groups, organizing bike drives for local charities, volunteering within La Posada, or helping Mary reach the dishes on the top shelf.

May the bike trails in heaven be long and beautiful. We will miss you.

A service to celebrate Tom's life will be held at The Good Shepherd UCC, 17750 South La Cañada Drive, Sahuarita, AZ 85629, on Saturday, June 8, 2024, at 10:00 am.

A memorial page has been posted online for friends to share photos and memories (<https://memorialsources.com/memorial/thomas-wilsted>).

In lieu of flowers, contributions can be made to local cycling organization Os3 (<https://www.os3movement.org>).

Today' Photograph – Tom Wilsted, biker



GVR Cycling Club Supporters

